

INTEGRATED APPROACH TO TREATMENT OF MULTI DRUG RESISTANT PULMONARY TB THROUGH ACUPUNCTURE, HOMEOPATHY AND DIET.



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The scourge of drug resistant has hit the treatment of pulmonary TB. The drugs which were useful for treating pulmonary TB and due to which Allopathy had achieved commanding position among other system of medicine are now become useless. Newer drugs are being formulated and older drugs used for other infections are being used for treatment of Multi Drug Resistant Pulmonary TB with varying if not disappointing results. This has opened up the doors for entry of alternative treatment into what was one the sole domain of Allopathy.

According to Allopathy the Mycobacterium is the cause of pulmonary TB whereas according to Naturopathy the germ is nothing the soil is everything. So alternate systems Naturopathy, Acupuncture etc which acknowledge the presence of germs but do not consider them the sole cause of disease rather it is the body Susceptibility that makes it fall victim to such germs.

In the case of Pulmonary TB the Mycobacterium grows in the person who provides good culture media for its growth in the form of accumulated mucous in the lungs along with a lowered immunity

In term of Acupuncture Dynamics and five element cycle the Mucous represents Earth element and Spleen is the organ for the earth element. When there is an energy imbalance in Spleen due to invasion of wood element into Spleen the earth element is driven out and goes into the next organ which is lung. When there is excess of earth in the lung it does not turn into metal immediately. The excess earth element leads to excess Mucous production in lungs and provides a very fertile culture media for Mycobacterium to grow. Simultaneously the Immune function of Spleen which is dependent on its earth and metal elements gets disturbed leading to lowered immunity. This is the mechanism of pulmonary TB

The Acupuncture treatment of pulmonary TB therefore depends on the restoration of energy of Spleen to its original earth element by dispersing the wind from it and restoring the metal element of Lungs by pushing the earth element by using the wood element.

With this understanding and approach it is possible that even Multi Drug Resistant Pulmonary TB can be cured within 1 ½ to 3 months whereas the treatment in Allopathy for routine TB is 9 months and Multi Drug Resistant Pulmonary TB is more than 2 years. Since Acupuncture treatment depend upon improving the immune system and reducing

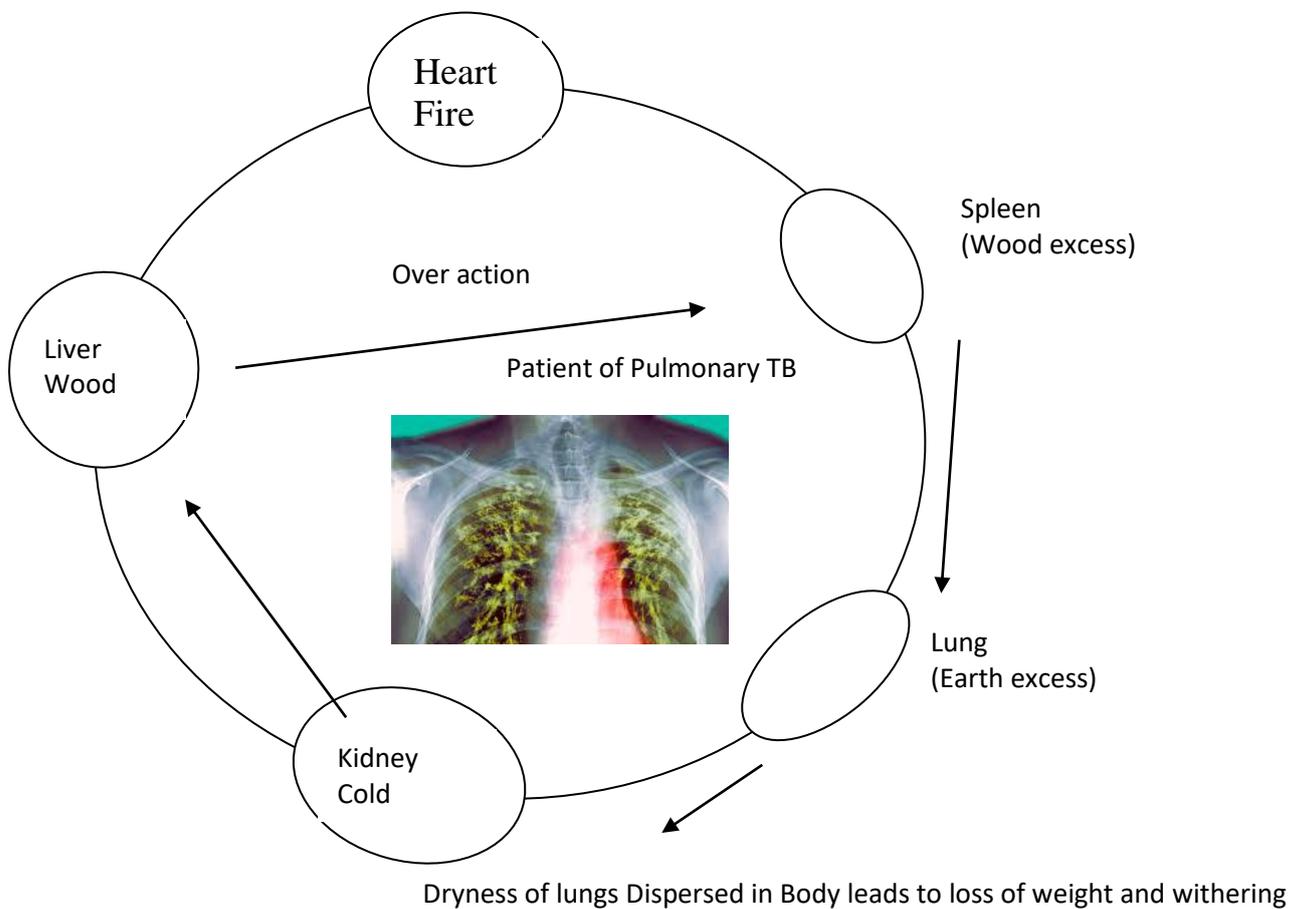
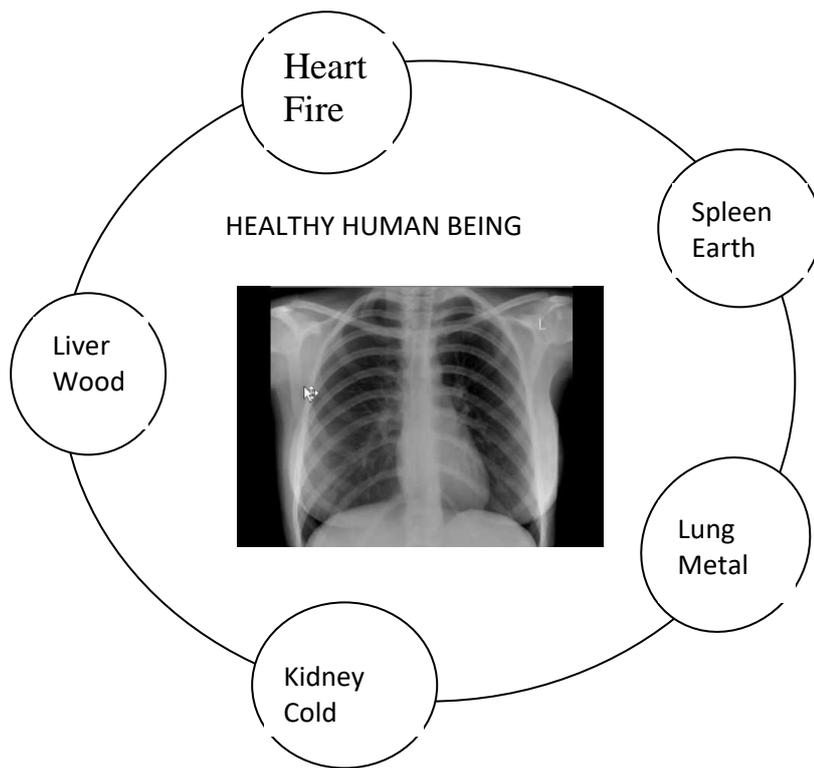
susceptibility and does not depend upon the resistant of bacteria and susceptibility to drugs .Therefore, the treatment of Multi Drug Resistant Pulmonary TB is same as the routine TB.

As far as homeopathic treatment is concerned apart from the specific constitution treatments there exists also a generic treatment which is also very effective .

Tuberculinum few doses (increasing potency from 30 , 200 to 1m) removes the miasm ie the genetic activation of mucous overproduction .

Calcarea Phos 6x 4pills three times a day helps to reduce the production of excess mucous production and thus reduces the culture media for tubercle bacteria. Calcarea Phos helps in the assimilation of albumins protein into connective tissue protein thus eliminating the excess albumins protein that gets converted into connective tissue protein.

The Dietary restriction in TB is for Casein protein which is formed in milk and milk products and also all foods that are mucous producing and have excess of earth element is there. Such as Pumpkin, Radish, Sweet potato or foods which are cold in nature due to excess of water element such as rice , watermelon etc . The foods which are good Bajra, Methi etc which is high in fire element.



The Author of this Article has treated many Routine and Multi Drug Resistant Pulmonary TB by this approach
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